**ZÜBEYDE HANIM ANAOKULU NİSAN 2023 AYI BESLENME LİSTESİ**

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| **PAZARTESİ(3.04.2023)** | **SALI(04.04.2023)** | **ÇARŞAMBA(05.04.2023)** | **PERŞEMBE(06.04.2023)** | **CUMA(07.04.2023)** |
| * **SİMİT** * **MARUL YAPRAKLARI** * **DOMATES** * **SALATA** * **SÜT** | * **SUCUKLU YUMURTA** * **ZEYTİN** * **IHLAMUR** * **EKMEK** | * **PEYNİRLİ BÖREK** * **MEYVE** * **SÜT** | * **HELVA** * **YEŞİL ZEYTİN** * **MARUL YAPRAKLARI** * **IHLAMUR** * **EKMEK** | * **BALLI PEYNİRLİ EKMEK** * **IHLAMUR** * **MEYVE** |

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| **PAZARTESİ(10.04.2023)** | **SALI(11.04.2023)** | **ÇARŞAMBA(12.04.2023)** | **PERŞEMBE(13.04.2023)** | **CUMA(14.04.2023)** |
| * **SUCUKLU YUMURTA** * **PEYNİR** * **ZETİN** * **SÜT** * **EKMEK** | * **REÇELLİ KREM PEYNİR** * **MEYVE** * **KIŞ ÇAYI** | * **HELVA** * **PEYNİR** * **ZEYTİN** * **IHLAMUR** * **EKMEK** | * **PATATESLİ OMLET** * **YEŞİL ZEYTİN** * **SÜT** * **EKMEK** | * **BALLI KREM PEYNİRLİ EKMEK** * **MEYVE** * **IHLAMUR** |

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| **PAZARTESİ(24.04.2023)** | **SALI(25.04.2023)** | **ÇARŞAMBA(26.04.2023)** | **PERŞEMBE(27.04.2023)** | **CUMA(28.04.2023)** |
| * **HELVA** * **PEYNİR** * **ZEYTİN** * **BİTKİ ÇAYI** * **EKMEK** | * **PATATESLİ BÖREK** * **MEYVE** * **AYRAN** | * **HAŞLANMIŞ YUMURTA** * **KAŞAR PEYNİR** * **ZEYTİN** * **EKMEK** * **SÜT** | * **REÇELLİ KREM PEYNİR** * **MEYVE** * **IHLAMUR** | * **PATATES KIZARTMASI** * **PEYNİR** * **ZEYTİN** * **SÜT** |

**Zehra ALADAĞ KAĞAN**

**Okul Müdürü**