**ZÜBEYDE HANIM ANAOKULU NİSAN 2023 AYI BESLENME LİSTESİ**

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| **PAZARTESİ(3.04.2023)** | **SALI(04.04.2023)** | **ÇARŞAMBA(05.04.2023)** | **PERŞEMBE(06.04.2023)** | **CUMA(07.04.2023)** |
| * **SİMİT**
* **MARUL YAPRAKLARI**
* **DOMATES**
* **SALATA**
* **SÜT**
 | * **SUCUKLU YUMURTA**
* **ZEYTİN**
* **IHLAMUR**
* **EKMEK**
 | * **PEYNİRLİ BÖREK**
* **MEYVE**
* **SÜT**
 | * **HELVA**
* **YEŞİL ZEYTİN**
* **MARUL YAPRAKLARI**
* **IHLAMUR**
* **EKMEK**
 | * **BALLI PEYNİRLİ EKMEK**
* **IHLAMUR**
* **MEYVE**
 |

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| **PAZARTESİ(10.04.2023)** | **SALI(11.04.2023)** | **ÇARŞAMBA(12.04.2023)** | **PERŞEMBE(13.04.2023)** | **CUMA(14.04.2023)** |
| * **SUCUKLU YUMURTA**
* **PEYNİR**
* **ZETİN**
* **SÜT**
* **EKMEK**
 | * **REÇELLİ KREM PEYNİR**
* **MEYVE**
* **KIŞ ÇAYI**
 | * **HELVA**
* **PEYNİR**
* **ZEYTİN**
* **IHLAMUR**
* **EKMEK**
 | * **PATATESLİ OMLET**
* **YEŞİL ZEYTİN**
* **SÜT**
* **EKMEK**
 | * **BALLI KREM PEYNİRLİ EKMEK**
* **MEYVE**
* **IHLAMUR**
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| **PAZARTESİ(24.04.2023)** | **SALI(25.04.2023)** | **ÇARŞAMBA(26.04.2023)** | **PERŞEMBE(27.04.2023)** | **CUMA(28.04.2023)** |
| * **HELVA**
* **PEYNİR**
* **ZEYTİN**
* **BİTKİ ÇAYI**
* **EKMEK**
 | * **PATATESLİ BÖREK**
* **MEYVE**
* **AYRAN**
 | * **HAŞLANMIŞ YUMURTA**
* **KAŞAR PEYNİR**
* **ZEYTİN**
* **EKMEK**
* **SÜT**
 | * **REÇELLİ KREM PEYNİR**
* **MEYVE**
* **IHLAMUR**
 | * **PATATES KIZARTMASI**
* **PEYNİR**
* **ZEYTİN**
* **SÜT**
 |

 **Zehra ALADAĞ KAĞAN**

 **Okul Müdürü**